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## AKC STAR Puppy Class Homework — Week 3

Try to have your puppy meet, on average, one new person each day, including children and people in uniforms.

### Exercises to practice

- **Sit And Wait For Food Dish Each Time Your Puppy Eats:** When it's time for your puppy to eat, have him sit. Wait briefly before putting the food dish down for him. Use your release word (i.e., "ok") to allow him to eat. Keep your hand on the bowl so you can take it away if he gets up or tries to eat before you release him. Only make him wait a few seconds at first, and work the time up very gradually.
- **Turn Away Or Step On Leash For Jumping:** When your puppy jumps up on you, turn away, fold your arms, and look up. Keep one eye on her, and bend down and greet her when all 4 of her feet are on the floor. Another method for stopping jumping up is to put a leash on her, and stand on it, giving her just a little more slack than she needs to stand up. When she jumps up, the leash will pull her back down before she can put her feet up on you.
- **Wait At Doors:** Do not let your puppy run through doors or gates without a release word. Train this by opening the door very slowly, and pulling it shut if he tries to go through it before you release him. If you are letting him out into an unfenced area, keep a leash on him, and hold on to it.
- **Sit, Stay:** Practice short sit-stays by letting your puppy nibble on a treat while she is sitting. Don't let her get up without your release word.
- **Down, Stay:** Practice short down-stays by letting your puppy nibble on a treat while he is lying down. Don't let him get up without your release word.
- **Leave It:** Show your puppy that you have a treat in your hand. Hold it with your fingers closed so that your puppy can not get it. Wait until she looks away from the hand with the treat in it, then click and pop a treat into her mouth from your other hand. After she is consistently looking away from the hand with the treat in it, name the behavior (i.e., say "leave it".) Make sure to work on this exercise with both hands.
- **Puppy Heeling - Walking Beside You For Treats In A Straight Line And Then Reverse:** Practice having your puppy walk along by your left side. Start in an environment without too many distractions. Click and treat whenever your puppy is walking along near your left side. To do an about-turn, pivot to your right, holding a treat close at your left side, at your puppy's nose height. Don't pivot too quickly. You want your puppy to stay with the treat.
- **Puppy Ping Pong With Family Members.**
- **Settle For Examination / Grooming.**
- **Work On Teaching Your Puppy A Trick:** Spend a few minutes each day teaching your puppy a fun trick. Use lots of praise and treats to help her enjoy it.
- **Work On Recall In Yard And Around House:** Call your puppy to you from various places in the house and yard. Always reward with a happy voice and treats.